



Early Childhood One Time Presentations

ABC's of Early Literacy (1–2 hours)

The ABC's of Early Literacy program helps parents and caregivers give young children a jump-start on reading by helping them to develop valuable pre-reading skills that prepare them for learning to read. Parents learn simple ways to help children acquire these skills through playing, singing, listening, talking and reading.

Developing Early Literacy Skills (1–2 hours)

Learn the importance of early literacy skills including the components of emergent literacy, oral language development and get resources to help support literacy development for infants and toddlers.

Essential Skills for Learning and Life (1–2 hours)

From birth children begin learning about the world around them. What skills do children need to learn to build a solid foundation for academic and life success? Come and learn about the critical skills children need to learn and how you can incorporate them into everyday interactions with young children.

Importance of Outdoor Play (1–2 hours)

Parents and providers will learn: Why structured outdoor play is important; what to do to increase the interest of kids that are reluctant to go outside; How to make the playground experience more meaningful; Techniques for engaging and responsive interactions between provider and child.

Inquiring Minds Want To Know: Science for Young Children (1–2 hours)

For young children, the scientific process begins with observing, predicting, experimenting and interpreting. These explorations lay the foundation for future understanding of more complex science concepts. This program helps adults understand how science experiences promote child development, build self-confidence, stimulate curiosity and develop language skills. Participants in this workshop will walk away with 16 hands-on activities that they can take and implement with the young children they work with.

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Let's Talk: Parent and Provider Communication (1–2 hours)

Parents and child care providers play a crucial role in the development of children. Learning how to communicate effectively can help children thrive by providing consistency as well as relationships that are supportive. Learn strategies to effectively communicate with parents and explore ways to problem solve communication challenges.

Mathematics for Infants and Toddlers (1–2 hours)

It can be difficult to identify ways to teach math to young children in meaningful ways. Come learn about the five math concepts that infants and toddlers should be exposed to in natural ways throughout their day. Explore ways to support early math learning, learn about ways to develop an early appreciation for math and ways to bring math into the outdoor environment.

Mindfulness for Young Children (1–2 hours)

Techniques of mindful awareness can help children learn to pay closer attention to their thoughts, feelings and emotions. Come and learn ways to help children reduce stress and anxiety to enhance their well being. Explore what the research says, get ideas for mindfulness activities and explore children's literacy that supports mindfulness practices.

More than 1, 2, 3: Math and Early Childhood (1–2 hours)

Early experiences with mathematical concepts lay the foundation for formal math instruction later in life. Have fun while learning more about early childhood mathematical concepts and strategies to support children's development of foundational math skills.

Positive Discipline (1–2 hours)

Helping young children learn self-control is important to their ability to be successful citizens now and in the future. Positive Discipline workshops help adults learn how their role in creating appropriate environments and experiences can strengthen that development.

Power of Puppets (1–2 hours)

This fun and interactive training will look at the benefits of providing puppets in the home or classroom. From leading circle time to scattered around the room to individual learning opportunities they are a valuable, often underused, tool. In addition they are inexpensive and easy to make. Join us for an interactive, productive training that will benefit the children in your care.

Raising Young Readers (1–2 hours)

Reading proficiency at third grade is a good indicator of future academic success for children. Raising Young Readers helps equip adults with knowledge and skills to help children build their reading skills by this age, helping make the connection between learning to read and achieving academic goals and future success.

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RELAX – Alternatives to Anger for Parents and Caregivers (1–2 hours)

RELAX for parents and caregivers looks at anger and strong emotion in infants, toddlers and preschoolers. Parents gain a better understanding of the developmental stages in children's self-control. They learn how they can assist children at each stage by using RELAX concepts in daily interactions.

Setting the Stage: Promoting Social-Emotional Health in Young Children (1–2 hours)

Social and emotional development, a critical aspect of overall brain development, begins at birth. Social-emotional skills are nurtured through daily routine, language and play. They are the foundations of social competence that affect a child's ability to adapt in school and to form successful relationships throughout life. This workshop on social and emotional health provides parents with tips and tools for helping their children develop skills in these critical areas.

Supporting Military Families in Early Childhood (1–2 hours)

Although military families reside in every community in Michigan, they often go unnoticed. However, these families have unique needs and face unique situations that communities can help to support with intentional planning. Learn about the deployment cycle, discover how to help military families be resilient and explore the resources that exist to support military families with young children.

Technology and Early Childhood (1–2 hours)

Technology is everywhere! Smart phones, tablets, computer games and websites are all targeted at our young children. Learn about how to find balance between integrating technology, preparing young children to operate in the technology world and still ensuring developmentally appropriate practices with young children.

The Purpose of Play (1–2 hours)

Learn about the purpose of play in early childhood. Discover why play-based education for young children is so critical to their social, emotional, language, cognitive and physical development. This workshop is designed for parents and caregivers.

The Resilience Toolbox: Building Tools for Resilience in Early Childhood (1–2 hours)

Prolonged or intense stress can have lasting negative impacts in the development of young children. Children with resilience are better able to manage this stress and work towards healthy and successful outcomes. This workshop will help participants gain an understanding of how stress affects children and the importance of developing resilience to combat that stress, including specific strategies for building protective factors. Stocking up your resilience toolbox empowers you to help children learn to manage the stressors in their lives and give them the skills, tools and know-how to deal with whatever life throws at them. important role in the development of skills that will set children up for future academic success. This workshop will help you learn how early art experiences support healthy development and academic success for young children.

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Understanding a Toddler's World (1–2 hours)

Toddlerhood can be a difficult time to navigate. From tantrums to biting, this program will focus on helping you decode what's going on in a toddler's world to help make the "terrible twos" the "terrific twos."

What Children Need to Know to Start School (1–2 hours)

What does it mean to be ready for kindergarten? Many parents wonder if their child is ready to start kindergarten on time or if they should wait another year. This workshop will help parents and caregivers learn what skills kindergarten teachers expect children to have at the beginning of school.

Young at Art (1–2 hours)

Art experiences are more than just fun and creative outlets for young children, they are learning opportunities. Visual art, music, drama and pretend play, dance and creative movement all play an important role in the development of skills that will set children up for future academic success. This workshop will help you learn how early art experiences support healthy development and academic success for young children.